



Employees with a History of Recent Recovery from COVID-19

Persons who have recently recovered from confirmed COVID-19, for 90 days after the onset of the initial illness (or after the date of first positive viral test if they never had symptoms) who

Are *asymptomatic*:

- They do not need to be re-tested for SARS-CoV-2 virus (nor re-isolated for a repeat positive result)
- They do not need to quarantine if they have close contact with a COVID-19 case
- They must continue to adhere to all other required protective measures, including, but not limited to, wearing face coverings and other job-specific personal protective equipment, maintaining their physical distance from non-household members, following hand hygiene, and staying home if sick, among other protective measures.

Develop new symptoms consistent with COVID-19 illness:

- They may warrant re-testing, especially if there is no alternative diagnosis and/or the symptoms developed within 14 days after close contact to a case.
- They should be instructed to self-isolate per Health Officer [isolation orders](#) pending work-up and testing.

Healthcare providers should always use their clinical judgment and consider exceptions, particularly for patients who are severely immunocompromised.

Rationale - Reinfection is very unlikely to occur within the first 3 months after infection. Available data indicate that persons with mild to moderate COVID-19 remain infectious no longer than 10 days after symptom onset. Persons with more severe illness likely remain infectious no longer than 20 days after symptom onset. Recovered persons, however, may continue to shed detectable but non-infectious SARS-COV-2 virus for up to 3 months.

For more detailed discussion of this evidence and CDC recommendations see, [Duration of Isolation and Precautions for Adults with COVID-19](#).